



BOUNDLESS DANCE STUDIO'S

REGISTRATION PACKAGE 2022-2023

403-256-2100
boundlessdancestudioinc@gmail.com

Mission Statement



OUR GOAL AT BOUNDLESS DANCE STUDIO IS TO PROVIDE THE MOST EXCITING, UNIQUE, AND FUN ENVIRONMENT FOR STUDENTS TO LEARN VARIOUS TYPES OF DANCE IN WHICH WE INSTRUCT.

WE STRIVE TO BE THE BEST AT WHAT WE DO, AND PROVIDE SUPERIOR SERVICE TO OUR STUDENTS SO THAT WE CAN BUILD LONG LASTING RELATIONSHIPS FOR YEARS TO COME.

WE WILL PROVIDE THE STUDENTS WITH THE SATISFACTION OF FEELING AND KNOWING THAT THEY HAVE LEARNED SOMETHING NEW AND EXCITING EACH TIME THEY HAVE STEPPED OUT THE DOOR, AND HAVE BECOME A PART OF OUR FAMILY HERE AT BOUNDLESS.

What do we offer?

Mom & Tot Program: 18 months - 2.5 years

CREATIVE PRE-SCHOOL CLASSES OFFERED FOR OUR 3 & 4 YEAR OLDS
(Ballet, Tap, Jazz & Acro)

Tap, Jazz, Hip Hop, Musical Theatre, Ballet, Acro classes for children ages 5+

Specialty classes offered in: **Lyrical & Modern**

Sessional Adult Classes Available (inquire).

YEAR END RECITAL:

The year-end recital will be held in the month of June each year. It is an opportunity for the children to “show off” what they have learned all year in a festival environment to their parents, friends, and families. This is not required and is solely at the option of the parents and child whether to attend, although we encourage everyone to take part in this fun and exciting year-end celebration of dance (and student recognition) with Boundless Dance Studio. Students will require costumes for their year-end recital dance. Tickets will be available through the studio.

Families with multiple class registrations may be expected to attend more than one Year-End Recital. BDS will try to be as accommodating as possible but makes no guarantees in regard to the Year-End Recital.

Please note if you are enrolled in a competitive class but not participating in competitions, there may be the possibility that your recital dance will be placed with another class at another date & time.

COMPETITIONS:

Participation in competitions throughout the year will be determined at the Summer Competitive Intensive. Attendance at this event is at teacher’s discretion – please inquire at the office. These will also require extra classes in addition to the students’ regular weekly instruction. These events require costumes as well as entry fees for each individual competition.



EXAMINATIONS:

Tap & Jazz Exams will be offered to select students. BDS offers ADAPT Syllabus exams which was developed by Brian and Faye Foley. Boundless Dance Studio also offers the opportunity for students to participate in Royal Academy of Dance ballet exams. Exams are not compulsory, and students are chosen subject to the teacher's discretion. If an exam is offered to a student, we expect that they complete said exam with Boundless. Ballet exam classes are held on Sundays at an additional fee.

PARENT COMMITTEE:

Parents of students of our studio have the option to join the membership of our organization. Numerous fundraising opportunities to help offset expenses for your child. This is beneficial to both recreational and competitive students.

Studio Policies



SPECIAL BDS OPPORTUNITIES

BDS Christmas Party
Adopt-A-Family Christmas Donations
Food Bank Donations
Halloween Event
Summer Programs
Drop-In Summer Classes (applies to specific levels)
Mom & Tot Sessions
Adult Date Night Come try ballroom dancing with your significant other!
Travel Opportunities
External Workshops
Exposure to world renowned choreographers
Recreational Program
Competitive Program
ADAPT & RAD Exam Opportunities
Secure & safe dancing atmosphere
BDS Merchandise
Overall fun and family-oriented atmosphere. Come join our BDS family!

1. Parents are required to notify the studio by email when their child will be absent from class.

2. Please notify the office of any change of Contact Information.

3. Students & Parents will show respect to all staff & students. Students should address all staff as Mrs. Miss or Mr.

4. Long hair must be up and proper dance attire must be worn for all classes. (No sweatshirts, sweatpants or street clothes)

5. All students must follow dress code. If teacher finds grooming and dress inappropriate for class, they will be asked to leave class until properly groomed.

6. All students should be aware of good grooming and hygiene.

7. Deodorant is essential for all older students, and some of the younger students as well. Children perspire when active.

8. *NAMES must be on all dance attire (especially shoes) - as well all outdoor shoes/boots & coats. * Please remind your child to take care when leaving the building, that they have put on their own boots/shoes & outwear—with so many of the same styles and colours, it can get confusing.

9. Valuables should not be brought to the studio, as Boundless will not responsible for any lost or stolen items.

10. Students will be responsible for any damage they may cause to the studio's property.

11. There will be NO refunds for missed classes and NO make-up classes except where the said class is cancelled by the studio.

12. Students should be picked up within 15 minutes from end of class time. Students ONLY are allowed in studios. Parents and friends are not permitted in studios.

13. All students should keep their bodies healthy!! Get proper rest, drink lots water per day, and eat healthy foods for health & injury prevention.

14. It is the responsibility of the parent to make sure they are receiving all newsletters and information given out at the studio and via EMAIL - Please check your child's personal folder in the file cabinet.

15. Absolutely no admittance to the office is allowed to any parent or student at any time due to the protection of your personal and confidential information.

16. TAP SHOES ARE TO BE WORN IN THE ACTUAL DANCE ROOM ONLY - and are to be carried in all other areas of the building. This for the safety of the dancers

17. No smoking or vaping anywhere in the studio.

18. Children who are not dancing may not be left unsupervised.

19. No gum chewing allowed in the studio or in class.

PLEASE RESPECT OUR STUDIO—we must all work together to keep it a clean & healthy environment.

Student Lounge MUST be kept clean. Please note going forward we may put a cleaning schedule together to ensure our lounge is kept tidy.

Class Descriptions



PRESCHOOL JAZZ, TAP, BALLET & ACRO

Our preschool program is for children 3 & 4 years of age. The class length is 30min once a week. All classes are separate classes. The children will be taught moves that help to develop coordination, rhythm, balance, use of space, social skills and discipline in a fun and exciting atmosphere. Song and dance is incorporated using popular children's music to add interest to each class. All students have the opportunity to be involved in our year-end recital.

TAP

We follow the ADAPT (Foley) Syllabus in our Tap

program. The emphasis in Tap is on creating rhythms using our feet and body as our instrument. Tap has reached a new high in popularity because of its fast pace and the technical challenge it presents. It is the basis of such critically acclaimed international shows such as "STOMP" & "BRING IN DA NOISE, BRING IN DA FUNK". The levels of our Tap program are as follows: Pre-Junior, Junior 1, 2 & 3, Pre-Intermediate 1, 2 & 3, Intermediate 1, 2 & 3 Pre-Advanced and Advanced.

All students in our Tap program have the opportunity to be involved in our year-end recital and some classes will be involved in competitions throughout the dance year.

JAZZ

We follow the ADAPT Syllabus in our jazz program, as well as incorporating into it the latest in L.A and New York dance styles. The emphasis in jazz is on strength and flexibility developed through technically challenging movements such as kicks, leaps and turns. Jazz dancing encompasses many forms of dance and music such as Rock, Blues, Hip-Hop, African, Modern, Musical Theatre, and Pop. Jazz dancing is a very high energy, fun, and expressively influenced form of dance. The levels of our Jazz program are as follows: Pre-Junior, Junior 1, 2 & 3, Pre-Intermediate 1, 2 & 3, Intermediate 1, 2 & 3 Pre-Advanced and Advanced.

All students in our Jazz program have the opportunity to be involved in our year-end recital and some classes will be involved in competitions throughout the dance year.

BALLET

Our Ballet program follows The Royal Academy of Dance (R.A.D.) syllabus. The classes incorporate the traditional study of classical ballet with free movement and character dance. Ballet is a very technical and disciplined style of dance.

The movements are very precise and develop balance, strength and poise.

Ballet is the core to all other styles of dance and is needed in order to progress through all disciplines of dance. The levels in the Ballet program are as follows: Pre-Primary, Primary, and Grade 1 to 8 & Vocational Grades (Intermediate Foundation to Advanced 2). All students in our Ballet program have the opportunity to be involved in our year-end recital festival and some classes will be involved in competitions throughout the dance year.

LYRICAL/ MODERN

These classes involve both Lyrical and Modern styles of dance and movement. These styles are based on expressing one's self through dance, movement, gesture, and mime the lyrics and or feeling of the music. This class helps to develop expression, flow and artistic quality to the art of dance.

Lyrical/modern is for those dancers involved in both Jazz and Ballet classes on a regular basis and at the instructor's discretion. These classes are involved in competitions and year-end recital. A dancer must be strong in Jazz and Ballet in order to participate in these classes. It is decided by the teachers which level each dancer will be capable of participating in.

STRETCH AND CONDITIONING

This class concentrates on stretching and strengthening principles for dancers who would like to increase their range of motion and increase their cardiovascular fitness.

The class focuses on cardiovascular exercises to warm up the muscles: then works on specific stretches to increase flexibility for movements required in dance and incorporates strength training movements to develop a stronger, less injury prone dancer. It is not involved in any competitions or the year-end recital.

MUSICAL THEATRE

The Musical Theatre program involves combining drama, dance, and singing. The emphasis is on teaching the student how to use their voice and facial expression to add to their dance repertoire, creating a more diverse and complete performer. Classes will be focusing on show tunes, character development, improvisation, mime and combining song and dance. The Jr. Musical Theatre class will be for 5-6 yrs & 7-9 yrs, the Int. Musical Theatre class will be for 10-12 yrs, and the Sr. Musical Theatre will be for 13 yrs & up. These classes are involved in competitions and year-end recital. It is decided by the teachers which level each dancer will be capable of participating in.

HIP-HOP

Hip-Hop is one of the newest and most upcoming forms of dance, combining the latest styles of street and break-dance. Many of the moves are styled after today's latest music videos from some of the world's best dancers such as Janet Jackson, Justin Timberlake, Beyonce, and Jennifer Lopez. Types of music include various Rap, Alternative and R&B. These classes are involved in the year-end recital.

ACRODANCE

AcroDance is a style of Acrobatics used specifically for dancers. It is a genre of dance which incorporates elements of gymnastics, jazz, balancing, tumbling and basic contortion. Students learn Acrobatic tricks such as handstands, cartwheels, chest stands, elbow stands, walkovers, side and front aerials and tumbling.

PRIVATE CLASSES

Students who wish to be involved in solos, duets, or trios must apply & attend the Summer Intensive Audition to be selected. Students applying must be enrolled in a Ballet & Stretch class, regardless of what type of dance they are applying for. (This is because there are certain aspects and techniques of Ballet that a dancer must possess in order to be competitive). A student must have competed in a group number to gain competition experience before applying for a private lesson. Generally, only those who have a very high interest in their dance and are taking multiple classes are involved in solos, duets, and trios.

General Information



OFFICE HOURS

Our office will be open during the week. Specific hours are given at the office. If you cannot be at or call the studio during these times, please leave a voicemail message or email **boundlessdancestudioinc@gmail.com** where we will reply to any questions or concerns you may have, as soon as possible.

FEES

These are the fees that cover the cost of your weekly class lessons only. There will be additional events offered throughout the year that are optional, at an additional expense. These include such events as workshops, exams, competitions, costumes, picture day etc.

PAYMENT TERMS

The studio is open for classes from September until June. Our expenses are fixed and the students are charged for the full term regardless of individual absences. Please note that the dance studio will be closed during the Christmas, Family Day Long Weekend, and Spring Break and this is not included in our season. Certain Holidays may be cancelled if there is low attendance - further communication on this will come out via email during the season.

THE FOLLOWING GUIDELINES ARE VERY IMPORTANT AND SHOULD BE NOTED AT THE TIME OF REGISTERING:

- The price indicated on the price list for each grade, is the cost per set of four(4) lessons.
- If you have more than one (1) child or more than one set of lessons, please combine the payments on one cheque rather than write separate ones. If needed, inquire at the office for your monthly fees (ie. Multiple Class Discounts, Family Discount etc.)
- REGISTRATION/ADMINISTRATION FEE (non-refundable) & SIX (6) POST-DATED CHEQUES are required with your registration form (Sept, Oct, Nov, Dec, Jan & Feb.) or a credit card authorization form
- February's payment is a total of all fees from Feb 1st through to middle of June - Cheques must be dated for the FIRST (1st) of each month.
- Reminder that January and February cheques need to be dated for 2023
- The cheques should be marked clearly on the front with your child's name. (If your name is not the same as the child for whom the cheques are written, please indicate this on the cheque so the studio is aware of this).
- \$40.00 Fee is applied on ALL N.S.F. cheques
- THERE WILL BE A \$50.00 FEE APPLIED TO EACH MONTH THAT AN ACCOUNT IS OVERDUE. (charged to credit card on file)

WITHDRAWAL POLICY: AS PER YOUR REGISTRATION FORM, YOUR SIGNATURE INDICATES THAT YOU HAVE AGREED TO GIVE THE DANCE STUDIO WRITTEN NOTICE OF CANCELLATION FROM ANY CLASS BY THE 15TH OF THE MONTH. IF YOUR CHILD WITHDRAWS FROM THE STUDIO AFTER THIS DATE WE CANNOT RETURN OR REFUND THAT MONTH'S TUITION. PLEASE NOTE THAT AS LONG AS BOUNDLESS DANCE STUDIO INC. IS STILL PROVIDING A SERVICE AND KEEPING OUR DANCERS MOVING, NO REFUNDS OR DISCOUNTS WILL BE PROCESSED FOR NATURAL DISASTERS, PANDEMICS OR ANY UNFORESEEN CIRCUMSTANCES.
THERE ARE NO REFUNDS GIVEN AFTER JANUARY 31st, 2023

How do I register?



ONLINE REGISTRATION

Currently, all registration for **existing** and **new** BDS families can be done online through our studio portal as well as certain drop-off dates at the studio. Please visit our website and follow the online registration link if you are a new family to sign up for our portal.

We will also need a credit card authorization form filled out.

Please also fill out our 2022-2023 registration form that is also linked on our website or has been emailed to existing families. Once this is submitted or dropped-off we will be in touch about scheduling.

The non-refundable registration/administration fee is \$20.00 prior to June 1st, 2022 and after that will be \$30.00.

We will host office hour dates for registration throughout the Summer - all dates will be posted and updated on our website. www.boundlessdancestudio.com

Class Attire



Any colour & style of DANCEWEAR is acceptable for class (with the exception of Ballet – see below) providing you have the studio exam attire if you are participating in exams.

DANCEWEAR IS FORM FITTING.

Loose fitting street clothing is NOT ACCEPTABLE.

(Bodysuit, tights, Tank Tops, Shorts, Capris, Pants)

It is important that the instructor can see the body to make proper posture corrections. Proper attire is essential to the progression of your dancer.

NO SWEATSHIRTS, T-SHIRTS OR STREET CLOTHES OF ANY TYPE ARE ALLOWED IN CLASS.

Hair must be tied back in a bun, braids or ponytail for all classes. For Ballet, please ensure hair is in a tidy bun, with no hair falling in the face. Headbands are acceptable. Hairnets & strong “U” shaped hairpins are strongly recommended to secure bun.

BALLET

Pre-School to Primary

- R.A.D. Pink Cotton Tank Bodysuit (**no short or long sleeves**)
- Ballet Pink Full Foot Tights (unseamed)
- Pink Skirt - any style **skirts must be able to be removed in class—no dresses**

Grade 1 - 5 & Beginner

- NAVY Mondor #1645 (no pinch) Bodysuit with matching belt

Grade 6-8

- Mulberry or Royal Blue Tank or Spaghetti Strap Bodysuit
These will be ordered by the studio for purchase Ballet Pink Convertible Tights (unseamed)

Teen

- Black Sleeveless Bodysuit (Tank or Spaghetti Strap)
Ballet Pink Convertible Tights (unseamed)

Intermediate Foundation - Advanced 2

- Black Bodysuit (BraTech Bodysuit MC 110) Ballet Pink Convertible Tights (unseamed).
- Please note students may wear other colours to class but the BraTech bodysuit is expected for exams and photo/filming days



Boys (all levels)

- Short Sleeve White T-Shirt
- Black Jersey Sport Shorts
- White Ankle Socks "
- Sansha or Capezio Shoes

Footwear

TAP

Pre School & Pre Junior

Bloch CP3800 - Tan

Junior 1

Bloch SO302G - Tan

Junior 2 & 3

Bloch SO323L - Tan

Pre-Int & Above

Lace Up Oxford Style - Any Brand - Black

(Capezio CG19 is recommended)**Tel-Tone Taps—Highly Recommended*

JAZZ & MUSICAL THEATRE (all levels)

SO499 Bloch (slip on, no laces) - Beige

HIP-HOP (all levels)

Athletic CLEAN INDOOR - NON MARKING running shoes (NO OUTDOOR SHOES WILL BE PERMITTED) – Please note recital dances will be wearing all white running shoes.

ACRO (all levels)

Bare Feet

BALLET

Pre-School to Grade 5

CP205 Daisy Capezio Ballet slippers - Pink (full leather sole—elastic over instep). Please note some levels may need CANVAS Split Sole Ballet slippers with elastic - Pink for competitive routines.

Grade 6—8 & Teen

CANVAS Split Sole Ballet slippers with elastic - Pink

Sansha, Capezio or SoDanca

Intermediate Foundation—Advanced 2

Soft Pointe Shoes or broken down pointe shoes - Pink

CANVAS Split Sole Ballet slippers with elastic - Pink (for recital & competition)

LYRICAL

*DANCE PAWS (no Foot Undies) – may be required for certain levels/disciplines Beige

The required attire is available for purchase at the following dance suppliers:

Bodythings

Kingsland Village #236 7337 Mcleod Trail SW

403-278-5440

City Dancewear

#16, 6624 Centre St. SE

403-263-4828